



Bon
Appétit 

MENU OF THE WEEK

04.05.2026 – 08.05.2026



aefe
Agence pour
l'enseignement français
à l'étranger

Monday 04.05

Vegetarian day

Starters

Salads*

Mains

Penne pasta served with
creamy tomato sauce

Roasted carrots

Broad beans

Boiled eggs

Freshly baked baguette

Desserts

Fresh apple & orange cut



Tuesday 05.05

Starters

Salads*

Mains

Chicken curry

Vegetarian chickpeas curry

Long grain rice, onion bhaji

Sweetcorn, green beans

Naan bread

Desserts

Carrot cake served with
traditional custard

Gluten free lazy cake

Thursday 07.05

Starters

Salads*

Mains

Roasted marinated chicken
BBQ vegetables in tomato

wrap

Couscous, butternut squash,

Fried cabbage, gravy

Freshly baked baguette

Desserts

Low fat yoghurt

Freshly cut fruit pot

Friday 08.05

Starters

Salads*

Mains

Battered pollock fish

Vegetarian quorn dippers

Medium cut chips

Exotic roast vegetables,

Baked beans, peas

Freshly baked baguette

Desserts

Jelly crystals lime &
strawberry



*Salad Items: selection of freshly made cucumber, tomato, grated carrot

