



Bon
Appétit 

MENU OF THE WEEK

18.05.2026 – 22.05.2026



aefe
Agence pour
l'enseignement français
à l'étranger

Monday 18.05

Vegetarian day

Starters

Salads*

Mains

Vegetarian risotto

Peas, carrots

Tuna sweetcorn

Freshly baked baguette

Desserts

Fresh watermelon cut

Low fat yoghurt



Tuesday 19.05

Starters

Salads*

Mains

Greek beef pasticcio

Greek vegetarian pasticcio

Fried cabbage, sweetcorn

Garlic bread

Desserts

Chocolate cake served with
chocolate custard

Fresh apple cut

Gluten free lazy cake

Thursday 21.05

Starters

Salads*

Mains

Roast Chinese sweet chilli
chicken thigh

Homemade broccoli quiche

Boiled long grain rice

Seasoned green beans

Butternut squash cube, gravy

Freshly baked baguette

Desserts

Fresh grape pot

Fresh orange cut

Friday 22.05

Starters

Salads*

Mains

Battered pollock fillet

Vegetarian creamy
cauliflower baked

Medium cut chips

Baked beans, peas

Exotic roast vegetables

Freshly baked baguette

Desserts

Mango ice cream

Fresh banana



*Salad Items: selection of freshly made cucumber, tomato, grated carrot

